

Ann Marie Chiasson, MD, MPH, CCFP

Oro Valley, Arizona 85755

Education

- 2003-2004 **Fellowship in Integrative Medicine**
University of Arizona, Program in Integrative Medicine, Tucson, Arizona
- 1996- 1998 **Family Practice Residency**
*University of British Columbia, Department of Family Medicine
Prince George, British Columbia*
- 1992 - 96 **Doctor of Medicine, Cum Laude**
*Dalhousie Medical School
Halifax, Nova Scotia*
- 1989 - 90 **Masters in Public Health, concentration in Epidemiology**
*Johns Hopkins Bloomberg School of Public Health
Baltimore, Maryland*
- 1981 - 85 **Bachelor of Arts, Biology**
*Haverford College
Haverford, Pennsylvania*

Board Certifications

- 1998 Canadian College of Family Physicians
2012 American Board of Family Medicine
2013 American Board of Hospice and Palliative Medicine

Awards

- 1998 UBC Department of Family Medicine Honorable Mention for a Resident Research Project
1996 Robert Dickson Award for Highest Standing in Internal Medicine
1995 Dalhousie University Scholarship for High Academic Standing
1995 C.V. Mosby Company Book Prize for High Academic Standing
1989 Johns Hopkins School of Hygiene and Public Health Entrance Scholarship

Publications

- 2013 Chiasson, Ann Marie *Energy Healing, The Essentials of Self-Care*. Sounds True, Louisville CO, Jan 2013.

- 2011 Chiasson, Ann Marie. "Energy Medicine" in *Integrative Rheumatology*, edited by Dr. Randy Horwitz, New York, NY: Oxford University Press, October 2011.
- 2011 Chiasson, Ann Marie. "Energy Medicine" in *Integrative Gastroenterology*, edited by Dr. Gerald Mullins, New York, NY: Oxford University Press, Spring 2011.
- 2011 Chiasson Ann Marie, *Self-Healing: The Essentials of Self Care*. 5 CD's, DVD, workbook set. Sounds True, Louisville Co, March 2011
- 2011 Chiasson Ann Marie. *Energy Medicine for Beginners*, DVD. Sounds True, Louisville CO, March 2011.
- 2010 Chiasson, Ann Marie. "Energy Medicine" in *Integrative Women's Health*, edited by Victoria Maizes and Tieraona Low Dog, 125-135. New York, NY: Oxford University Press, 2010.
- 2009 Chiasson Ann Marie, Weil, Andrew. *Self-Healing with Energy Medicine*, 2 CD set. Sounds True, Louisville Co, Oct. 2009.
- 2009 Chiasson, Ann Marie. *Ritual in Family Medicine: Ritual, Medicine and Meaning*. Journal of the San Francisco Medical Society, June 2009; 23-24.
- 2000 Chiasson Ann Marie, Rowe Patrick. "Administering Influenza Vaccine in a Canadian Emergency Department: Is there a role?" *Can J ER Med*, Vol 2, No. 2, April 2000; 90-94.
- 1997 Chiasson PM, Roy PD, Mitchell MJ, Smith-Chiasson AM, Alexander DI. "Hip Fracture Surgery in Nova Scotia: A Comparison of "Generalist" General Surgeons and "Specialist" Orthopedic Surgeons." *Can J Surg* 1997, 40:383-9.
- 1995 Chiasson PM, Roy PD, Smith-Chiasson AM. "The Factors Affecting Surgical Career Choices: A Survey of Canadian General Surgery Residents." *Annals RCPSC*, 1995, 28:270-272.
- 1993 Smith-Chiasson AM, Bulley AF. *Communicable Disease Control Manual*, Public Health Services, Department of Health, Province of Nova Scotia, 1993.
- 1992 Smith AM, Vlahov D, Anthony JC. "Terminology for Drug Injection Practices Among Intravenous Drug Users in Baltimore: Photograph-Assisted Responses." *International Journal of the Addictions*, March 1992.

Professional Experience

- 2006-present **Assistant Clinical Professor of Medicine**
Program in Integrative Medicine, University of Arizona, Tucson, Arizona
Teaches a one month elective in Integrative Medicine for medical students and residents. Teaches Fellows aspects of Integrative Medicine including energy medicine, meditation and ceremony. Medical editor and co-writer for educational module on Energy Medicine for physicians. Conducts research on Integrative Medicine topics.
- 2012-present **Hospice Physician**
Casa de la Luz Hospice, Tucson, Arizona
Part-time as a hospice physician for a home based and inpatient hospice.
- 2008--2011 **Medical Director**
The Haven, Tucson Arizona
Medical Director for a substance abuse residential treatment center for low-income women. Work included administrative responsibilities, patient medical care and health education.
- 2005-present **Healer's Art Facilitator**
Program in Integrative Medicine, University of Arizona, Tucson, Arizona
Facilitates "Healer's Art" course developed by Rachael Naomi Remen. The course addresses psychosocial and humanistic aspects of being a physician.
- 2004- Present **Integrative Family Medicine Practitioner**
Tucson, Arizona
Works part-time providing Integrative Medicine consults, Energy medicine treatments, and Healing Intensive Workshops.
- 2007- 2010 **Medical Director**
Valor Hospice and Palliative Care, Tucson, Arizona
Work included education of staff, patient home visits and administrative duties in a home-based hospice program.
- 2005-2006 **Reflections Facilitator**

*Program in Integrative Medicine, University of Arizona,
Tucson, Arizona*
Facilitated a monthly self-reflection program for Residential
Fellows in Integrative Medicine

2003 – 2004

Family Physician

Tucson, Arizona

Worked as a family physician in a shared private practice.

1999-2000

Family Physician

*Central Interior Health Service, Prince George, British
Columbia*

Worked as a Family Physician in a Native Health Center.
Practice primarily an under-served Native American
population.

1998-1999

Family Physician Locums

Prince George and Williams Lake, British Columbia

Worked as a Locum Family Physician in FP Offices and in the
Emergency Room.

1992 - 1993

Communicable Disease Epidemiologist

Nova Scotia Department of Health, Halifax, Nova Scotia
Co-author of Communicable Disease Manual for Nova
Scotia.

1998-1999

Instructor

*Department of Community Health University of Northern
British Columbia, Prince George, British Columbia*

Developed and taught graduate level seminar entitled
"Advanced Research Methods in Community Health"

1991

Lecturer

*Centers for Disease Control Regional STD/HIV Prevention
Training Center, Baltimore, Maryland*

Lectured to health care professionals on Hepatitis A, B, C, D,
and E.

1990 - 91

**Program Manager/Epidemiologist for Acute Communicable
Diseases**

Baltimore City Health Department, Baltimore, Maryland

Responsibilities included outbreak investigations, disease
surveillance, and community and professional education,
and a quarterly newsletter.

- 1990 **Program Analyst/Evaluator**
Baltimore City Health Department, Baltimore, Maryland
 Analyst for Baltimore City school-based clinics and school health suites.
- 1986 - 88 **Research Assistant**
Whitehead Institute for Biomedical Research, Massachusetts Institute of Technology, Cambridge, Massachusetts
 Examined the function of the T-cell receptor using retroviral vectors.

Professional Affiliation

- 2013-present American Board of Palliative Care and Medicine
 2012-present American Board of Family Medicine
 1998-present British Columbia College of Physicians and Surgeons
 1998-present British Columbia Medical Association
 1998-present Canadian Medical Association
 1998-present Canadian College of Family Physicians
 1996-present Alpha Omega Alpha Honor Society.

Committees

- 2005-2009 Curriculum Committee for Program in Integrative Medicine, University of Arizona
 1995-96 Dalhousie Medical School Educational Evaluation Committee for Accreditation.

Conference Teaching Experience

- Aug 2012 **Energy Healing - Pre-Festival Intensive**
Sounds True Wake Up Festival 2012
Estes Park, CO
 Taught 2 ½ day conference on Energy Healing
- Aug 2012 **Harnessing Energy As We Age**
Sounds True Wake Up Festival 2012
Estes Park, CO
 Taught breakout sessions on energy techniques
- July 2012 **The Essentials of Energy Medicine**
 Kripalu Center for Yoga, Stockbridge MA
 Taught a 2.5-day conference on Energy Healing techniques for well-being.

- June 2012 **Healing the Healer**
Michigan
Taught a 2 day conference for healers and health care practitioners exploring self healing techniques
- May 2012 **On the Threshold – Awakening to the Unlived Life**
C.O.D. Ranch, Oracle, Arizona
Co-taught an 8-day workshop exploring spontaneity, healing techniques, dreams and meditation to assist participants a deepening into self-exploration
- April 2012 **Healing the Healer and the Ceremony of Medicine**
Healing Touch Mid West Conference, Cincinnati, Ohio
Lead two three hour workshops exploring self healing techniques for healing touch practitioners and the ceremonial aspects of healing work.
- June 2011 **The Essentials of Energy Medicine**
Kripalu Center for Yoga, Stockbridge MA
Taught a 2.5-day conference on Energy Healing techniques for well-being.
- December 2010 **Diving Into the Body**
Tucson, Arizona
Facilitated 4-day conference for physicians on using movement, dreams, and ceremony to augment healing.
- January 2010 **Spirituality and Healing**
Kino Bay, Mexico
Co-facilitated 1-week conference on spirituality and healing with Dr. Lewis Mehl-Madrona.
- Sept 2009 **Diving Into the Body**
Tucson, Arizona
Facilitated 4-day conference for physicians on using movement, dreams, and ceremony to augment healing.
- June 2006 **Spirituality and Healing**
Ancient Spirals Retreat Center, Saskatoon, Canada
Co-facilitated a weeklong residential healing retreat with Dr. Lewis Mehl-Madrona. Included movement, meditation, ceremony, dream interpretation, and depth analytic work.

- December 2005 **Spirituality and Healing**
Ancient Spirals Retreat Center, Saskatoon, Canada
 Co-facilitated a weeklong residential healing retreat with Dr. Lewis Mehl-Madrona. Included movement, meditation, ceremony, dream interpretation, and depth analytic work.
- November 2006 **Falling Into Grace**
Tucson, Arizona
 Co-facilitated a 4-session course exploring the heart center state of consciousness and its attributes.

Volunteer Work

- 2003-2004 **Family Physician**
Clinica Amistad, Tucson Arizona
 Volunteered weekly at a free clinic serving the needs of those without health care insurance or legal documentation. The clinic provides integrative medicine to its clients.
- 1992 - 94 **Crisis Intervention Volunteer**
Service for Sexual Assault Victims, Halifax, Nova Scotia
 Provided support and counseling to sexual assault victims at hospital ER and over the telephone.

Presentations

- June 2012 **Energy Medicine for Chronic Pain**
 American Academy of Nurse Practitioners, Orlando Florida
- June 2012 **Energy Medicine for Acute Pain**
 American Academy of Nurse Practitioners, Orlando Florida
- June 2012 **Increasing Energy as We Age**
 Tucson Hispanic Women's council
 El Conquistador Hotel, Tucson Arizona
- Oct 2012 **Increasing Energy as We Age**
 Tucson Hispanic Women's council
 El Conquistador Hotel, Tucson Arizona
- August 2011 **Healing the Healer**
 Key Note Talk -Healing Touch Program Yearly Conference
 San Antonio, Texas
- August 2011 **The Medicine of Ceremony**
 Key Note Talk -Healing Touch Program Yearly Conference
 San Antonio, Texas

- March 2011 **Energy Healing – Tools for Self Healing**
IONS Tucson -Institute for Noetic Sciences,
Tucson AZ
- January 2011 **Heart Center Meditation**
Residential week for Fellows
Arizona Center for Integrative Medicine
University of Arizona, Tucson, Arizona
- October 2010 **New Tools to Mange Stress**
Healthy Aging Retreat
Miraval Resort, Catalina Arizona
- May 2010 **The Ceremony of the Operating Room**
Northwest Hospital OR Staff Rounds
Northwest Hospital, Tucson, Arizona
- March 2010 **New Tools to Mange Stress**
Healthy Aging Retreat
Miraval Resort, Catalina Arizona
- February 2010 **The Ceremony of Healing**
Southern Arizona Holistic Chamber of Commerce
Tucson, Arizona
- February 2008 **Ceremony - Meaning Uses and Components**
Program in Integrative Medicine Associate Fellowship
University of Arizona, Tucson, Arizona
- October 2009 **New Tools to Mange Stress**
Healthy Aging Retreat
Miraval Resort, Catalina Arizona
- October 2009 **Integrative Pain Assessment**
American Academy of Pain Management
Phoenix, Arizona
- April 2009 **New tools to Manage Stress**
Healthy Aging Retreat
Miraval Resort, Catalina Arizona
- March 2008 **Integrative Medicine Approaches to Musculoskeletal Disease**
University of Arizona College of Medicine, Neurology,
Orthopedic Surgery, Rheumatology, and Radiology
University of Arizona, Tucson, Arizona

- March 2008 **Integrative Oncology**
*Northwest Hospital Nursing Department
Northwest Hospital, Tucson, Arizona*
- March 2008 **Integrative Pain Management**
*Valor Hospice and Palliative Care
Tucson, Arizona*
- February 2008 **Ceremony - Meaning Uses and Components**
*Program in Integrative Medicine Associate Fellowship
University of Arizona, Tucson, Arizona*
- November 2007 **Complimentary and Alternative Medicine – Who, How, When
Where and What**
*Southwest Association of Hispanic American Physicians 28th
Annual Medical Education Congress, El Paso, Texas*
- July 2007 **Cardiac Disease and Energy Medicine**
Age Well Seminar, Tucson Arizona
- May 2007 **Increasing Our Energy as We Age**
*Healthy Aging Seminar with Dr. Andrew Weil
Miraval Resort, Catalina, Arizona*
- April 2007 **Exploring the Human Energy Field –Children’s Venue**
Team Humanity Conference, Atlanta, Georgia
- March 2007 **Ceremony - Meaning Uses and Components**
*Program in Integrative Medicine Associate Fellowship
University of Arizona, Tucson, Arizona*
- January 2007 **Ceremony - Meaning Uses and Components**
*Program in Integrative Medicine Associate Fellowship
University of Arizona, Tucson, Arizona*
- January 2007 **Mind Body Techniques for Women – Breakout session**
*6th Annual Women’s Mental Health Symposium
University of Arizona, Tucson, Arizona*
- December 2006 **Ceremony – Meaning, Uses and Components**
*Program in Integrative Medicine Associate Fellowship
University of Arizona, Tucson, Arizona*